The logo is circular with a blue outer ring containing the text "REHMAT FOUNDATION" at the top and "CHARITY PROJECTS" at the bottom, separated by a small white star. The center of the logo features a red crescent moon and a yellow sun with rays, flanked by two blue hands reaching upwards.

*Providing free  
healthcare to the  
poor*

**REHMAT  
WELFARE  
FOUNDATION  
JHELUM**

#### Name of NGO

Rehmat Welfare Foundation Jhelum

#### Address

Opposite PTC LangarPur Road Thathi Gujran Jhelum

#### Contact number

0544-649950 /0300-5462629/0333-7105052

#### E-Mail

rehmatfoundation@live.com

#### Website

rehmatmedicalaid.com

#### Established in

2009

#### Registration

Punjab Charity Commission  
Punjab Healthcare Commission  
Pakistan Center of Philanthropy  
UK Charity Commission  
Federal Board of Revenue

#### Thematic Area

Healthcare & General Welfare

#### Source of Funding

Local Donors & Affording Patients,  
Rehmat Medical Aid UK

#### Working areas in Pakistan

Jhelum & Surroundings



# INTRODUCTION



# THE FOUNDER

MR. ABDUL RASHID MIRZA

- The man who is an example of generosity.
- He donated even his own house for the welfare of poor and deserving people.
- He founded Rehmat Welfare Foundation Jhelum so that the support and help of the poor may continue even after his death.
- He had been thinking the ways to help the needy people till his last breath.

# EXECUTIVE SUMMARY

Rehmat Welfare Foundation Jhelum is a well known NGO. It has been progressing by leaps and bounds since the establishment. It has earned many achievements in a very short period of time. It has the vision of “to assist and to provide healthcare facilities to the poor and down-trodden people”. For this purpose, the foundation has launched many projects including free kidney dialyses, free OPD, fixation of water filtration plants, Free ambulance, distribution of food and money and to help the victims of natural disasters. All the projects are running by leaps and bounds due to generous donors specially the family of the founder and the chairman Mr. Abdul Rashid Mirza. The foundation has spent more than Rs. 300000000 (Three Hundred Million Rupees) on these projects and is planning for even more. All this is possible due to standardized management and administration, the generosity of the chairman and devotion of the governing body and the staff. Luckily, the foundation has got very loyal and kind-hearted personnel from top to bottom.

The foundation has benefitted thousands and has the plan to serve more than 1 million more in next 5 years. By spending more than Rs. 60000000. This would be done through extensive fundraising strategies and attracting more and more donors by adopting different techniques and by hiring field experts for each program and project. All the standards, policies, laws and regulations will be properly followed to avoid any hindrance in approaching the goals. Moreover, the logical and financial reviews and analyses, external evaluations and SWOT analyses will guide the management to decide in time and properly. The main focus will not only be on the treatment of the diseases but on nipping their roots from the bud as well. Fixation of water filtration plants is the example of it that is saving thousands of people from water-borne diseases.



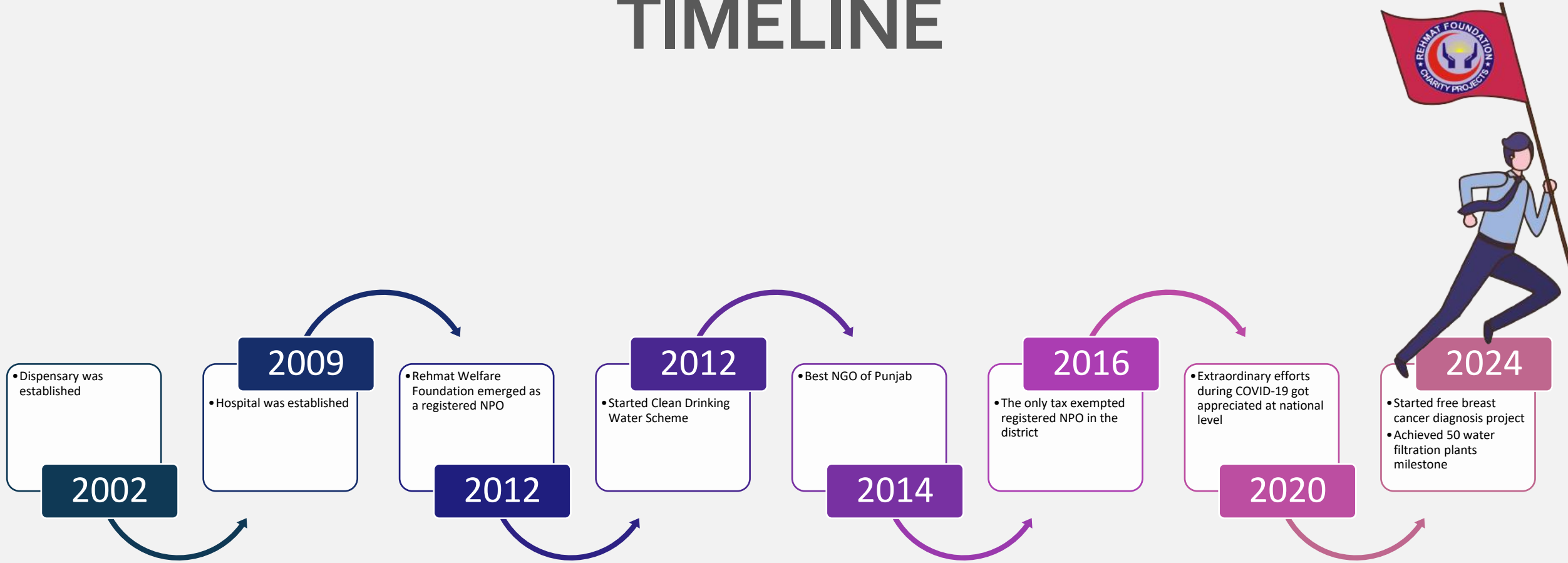
Renal diseases cause thousands of deaths every year in Pakistan. The death of Mrs. Rehmat Karim was one of them that motivated her son Mr. Abdul Rashid Mirza to save others from these fatal diseases. For this purposes, he established a small dispensary in 2002 that started providing free medical aid to the poor and down-trodden people of the area. He donated his own house for this dispensary. Soon after the establishment of the dispensary, the number of the poor patients started growing day by day due to free and quality treatment. After few years of establishment of the dispensary, the number of the patients (mostly kidney patients) has increased so much that Mr. Abdul Rashid Mirza felt that the dispensary was not enough to serve so many patients. So he, with the help of his generous relatives, family members and friends including Tariq Mehmood, Shahid Aziz Majeedi, Tauqir Aslam, Muhammad Hanif Dar, Khalid Aziz Majeedi and Chaudhary Muhammad Sabir, founded Rehmat Welfare Foundation. In 2009, the foundation initiated the project of Rehmat Welfare Kidney Care & General Hospital that started free kidney dialysis and general OPD with treatment and medicines. The number of patients as well as the number of dialysis machines, doctors and other staff kept growing in parallel. This scenario proved that the poor and needy people of the area were in dire need of such center that could provide them free dialysis. So the foundation was given a proper structure and was duly registered as Rehmat Welfare Foundation Jhelum in 03 April 2012.

Due to the rapid increase in the number of kidney patients, the senior management of the foundation planned to nip the evil of renal diseases in the bud by providing clean and filtered water to the people of the area. For this purpose, the foundation conducted surveys and started fixation of water filtration plants in the most populous areas of the district where the water was contaminated and was causing kidney related as well as other fatal diseases. The first water filtration plant was fixed in Chowk Ahl-e-Hadees in December 2012 and until now, the foundation has fixed 21 filtration plants throughout the district that are providing clean and filtered water to thousands of people every day. The filters and the other machinery used in theses water filtration plants is of the best quality known globally. Besides the water filtration plants, the foundation also started providing clean drinking water to the students of government schools. More than 35 schools have been provided this facility until now. The reports of the surveys conducted by the government as well as the private institutions show that the provision of clean drinking water has significantly decreased the number of patients of kidney related and other water-borne diseases like hepatitis, typhoid, cholera, etc. Moreover, the foundation also initiated the project of general welfare in 2012. Under this project food (including flour, cooking oil, sugar, rice, etc.) is distributed among poor people of the area on every Eid and meat is distributed among hundreds of families on every Eid-ul-Adha. The foundation also organizes free medical camps in which thousands of patients are provided free treatment and medicines every year. It also conducts seminars, presentations and walks to spread awareness about kidney diseases. Doctors, government officials and people from all walks of life participate in these programs. The management of foundation always stands with the government as well as the public in natural disasters like flood and earthquake. The foundation has helped thousands of victims (throughout the country) of floods and earthquakes since 2012. All of the above mentioned efforts of the foundation has been recognized and appreciated by the government not only at district level but at provincial and national level also. The foundation was given “The Best NGO of the Province” award in 2014-15 by the Punjab government. There is a long list of other awards, prizes, certificates and appreciation letters which have been awarded to the foundation by government officials and departments.



# HISTORY

# TIMELINE



# Aims & Objectives



1

- Free Kidney Dialysis at Rehmat Welfare Kidney Care & General Hospital Jhelum

2

- Free OPD at Rehmat Welfare Kidney Care & General Hospital Jhelum

3

- Free Medicines

4

- Free Dispensary at Rehmat Welfare Foundation Mohallah Khawajgan Jhelum

5

- Fixation of Water Filtration Plants

6

- Provision of Clean Drinking Water in Government Schools

7

- Free Ambulance Service

8

- Provision of food, medicine and shelter to the victims of natural disasters and epidemics

9

- Distribution of food on Eids and Ramadan

10

- Financial aid to the Deserving Families

11

- Seminars and rallies for the public awareness about renal and other diseases

12

- Free Eye and Medical Camps

13

- Supporting the government to solve health related issues

14

- Free Breast Cancer Diagnosis

# OUR PROJECTS





# OBJECTIVE WISE PROJECTS

To work for the Welfare of poor, helpless and destitute people.

- Free Kidney Dialyses at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free OPD at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free Medicines
- Free Dispensary
- Free Ambulance Service
- Provision of food, medicine and shelter to the victims of natural disasters and pandemics.
- Distribution of food on Eids and Ramadan
- Financial aid to the deserving families
- Free Medical Camps

To provide the facility of treatment and Kidney Dialysis to the poor and needy persons.

- Free Kidney Dialyses at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free OPD at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free Medicines
- Free Dispensary

To take step to provide better facilities to the students who are getting education in the Government institutions

- Provision of Clean Drinking Water in Government Schools
- Financial aid to the deserving families
- Seminars and rallies for the public awareness about renal and other diseases

To assist the deserving intelligent students.

- Provision of Clean Drinking Water in Government Schools
- Financial aid to the deserving families
- Seminars and rallies for the public awareness about renal and other diseases

To provide the free medical treatment while visiting the villagers.

- Free Kidney Dialyses at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free OPD at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free Medicines
- Free Dispensary
- Free Ambulance Service
- Provision of food, medicine and shelter to the victims of natural disasters and pandemics.
- Seminars and rallies for the public awareness about renal and other diseases
- Free Medical Camps
- Supporting the government to solve health related issues

To help the victims of earth quake, flood, epidemics on emergency basis.

- Free Medicines
- Free Ambulance Service
- Provision of food, medicine and shelter to the victims of natural disasters and pandemics.
- Financial aid to the deserving families
- Free Medical Camps

To improve the quality of life of kidney patients by providing them all possible relief, motivation and counseling free of cost.

- Free Kidney Dialyses at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free OPD at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free Medicines
- Fixation of Water Filtration Plants
- Free Ambulance Service
- Financial aid to the deserving families
- Seminars and rallies for the public awareness about renal and other diseases
- Supporting the government to solve health related issues

Promotion of awareness about the kidney diseases, in the general public through seminars, lectures, publication of literature and media on kidney diseases.

- Free Kidney Dialyses at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Seminars and rallies for the public awareness about renal and other diseases
- Free Medical Camps
- Supporting the government to solve health related issues

Exchange of information and experiences among the Kidney Patients and attendants/relatives.

- Free Kidney Dialyses at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Seminars and rallies for the public awareness about renal and other diseases
- Free Medical Camps
- Supporting the government to solve health related issues

The basic aim of the Foundation is the welfare and treatment of the poor Kidney Patients.

- Free Kidney Dialyses at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free OPD at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free Medicines
- Fixation of Water Filtration Plants
- Provision of Clean Drinking Water in Government Schools
- Free Ambulance Service
- Seminars and rallies for the public awareness about renal and other diseases
- Free Medical Camps

To take all steps to reduce the cost of medical and surgical treatment on Dialysis, laboratory and hospital charges, medicines and fees.

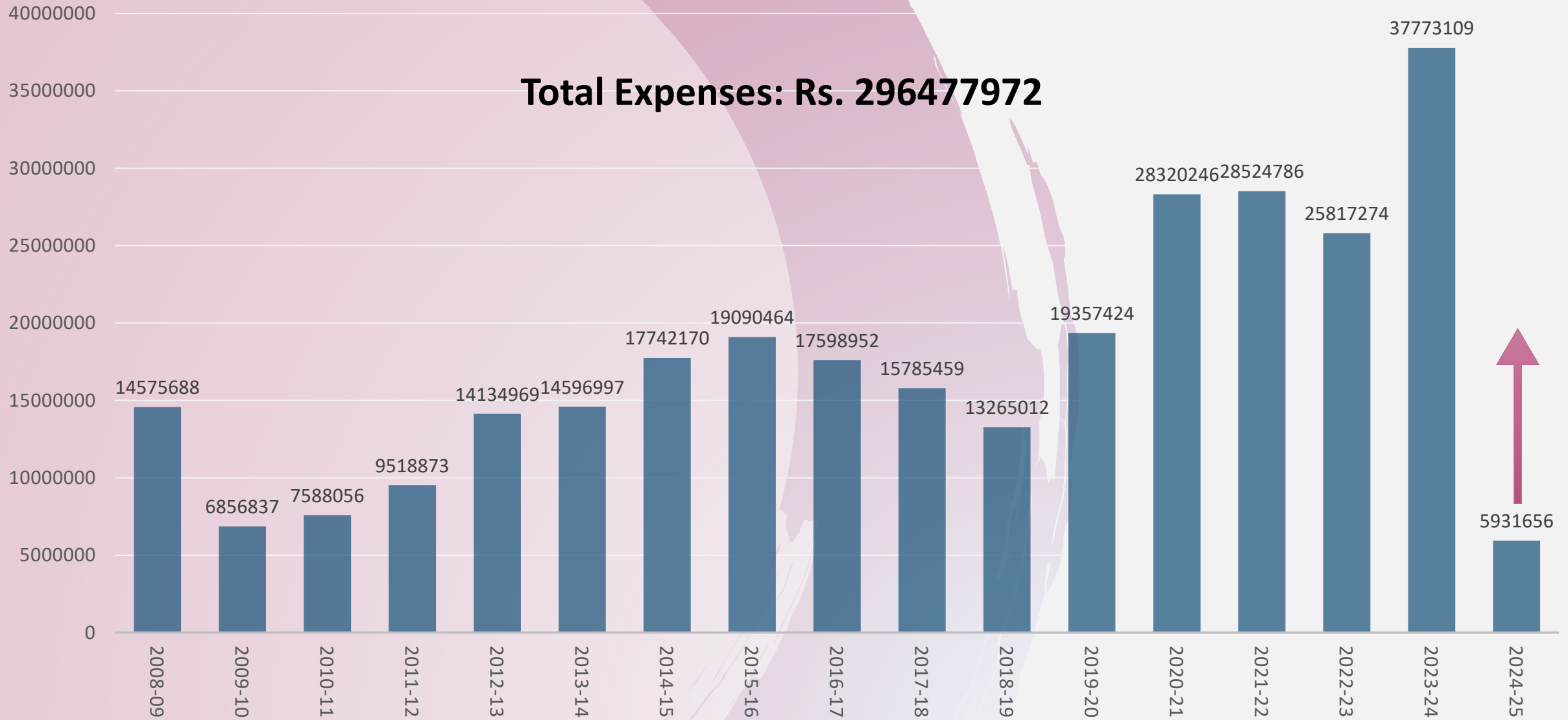
- Free Kidney Dialyses at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free OPD at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free Medicines
- Free Dispensary
- Provision of Clean Drinking Water in Government Schools
- Free Ambulance Service
- Financial aid to the deserving families
- Free Medical Camps
- Supporting the government to solve health related issues

To incur reasonable expenditure on need basis and derive maximum benefit for the kidney patients.

- Free Kidney Dialyses at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free OPD at Rehmat Welfare Kidney Care & General Hospital Jhelum
- Free Medicines
- Free Dispensary
- Provision of Clean Drinking Water in Government Schools
- Free Ambulance Service
- Financial aid to the deserving families
- Free Medical Camps
- Supporting the government to solve health related issues

# EXPENSES

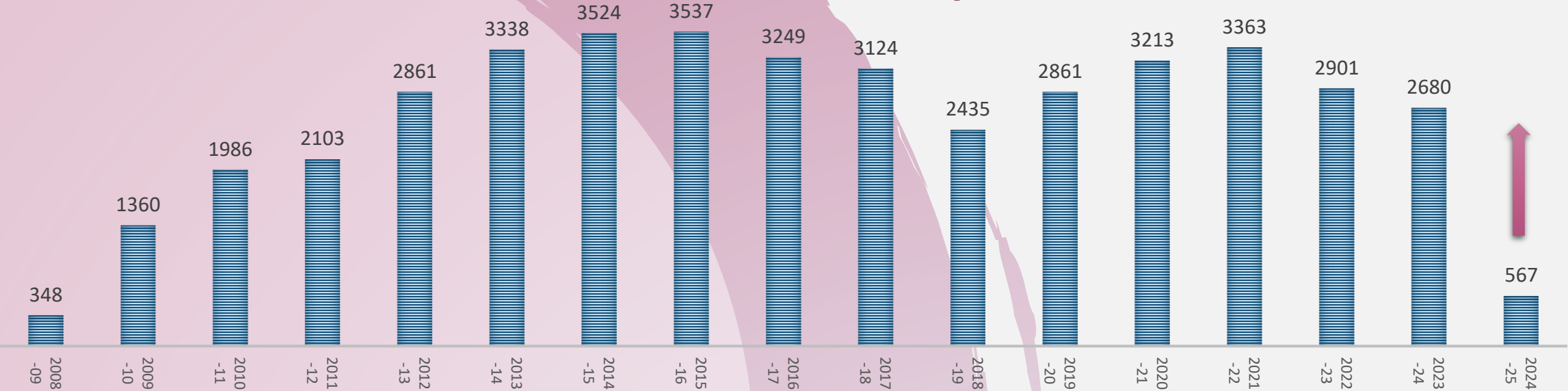
**Total Expenses: Rs. 296477972**



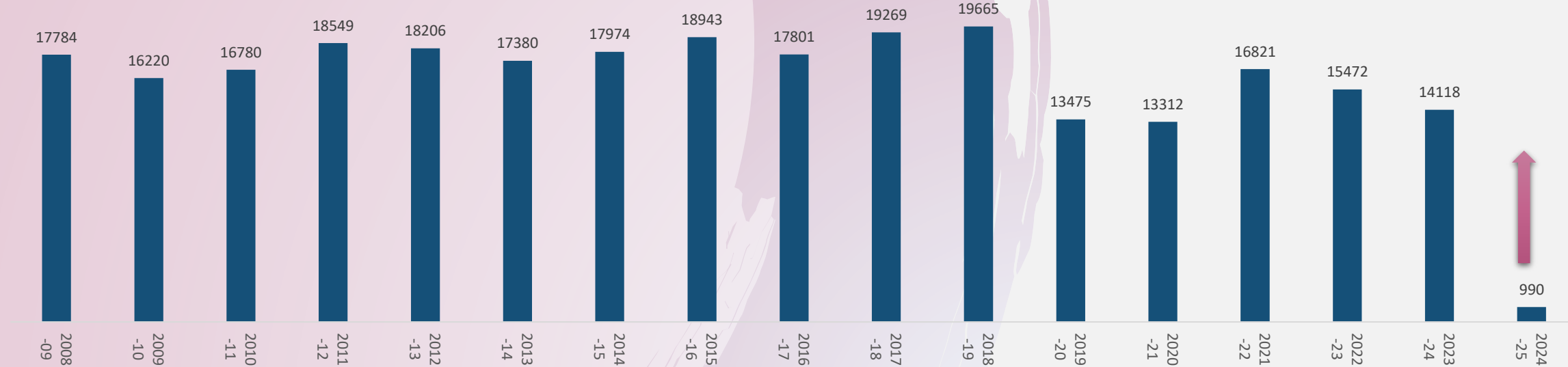
# Beneficiaries

Total Dialyses: 43450

DIALYSES

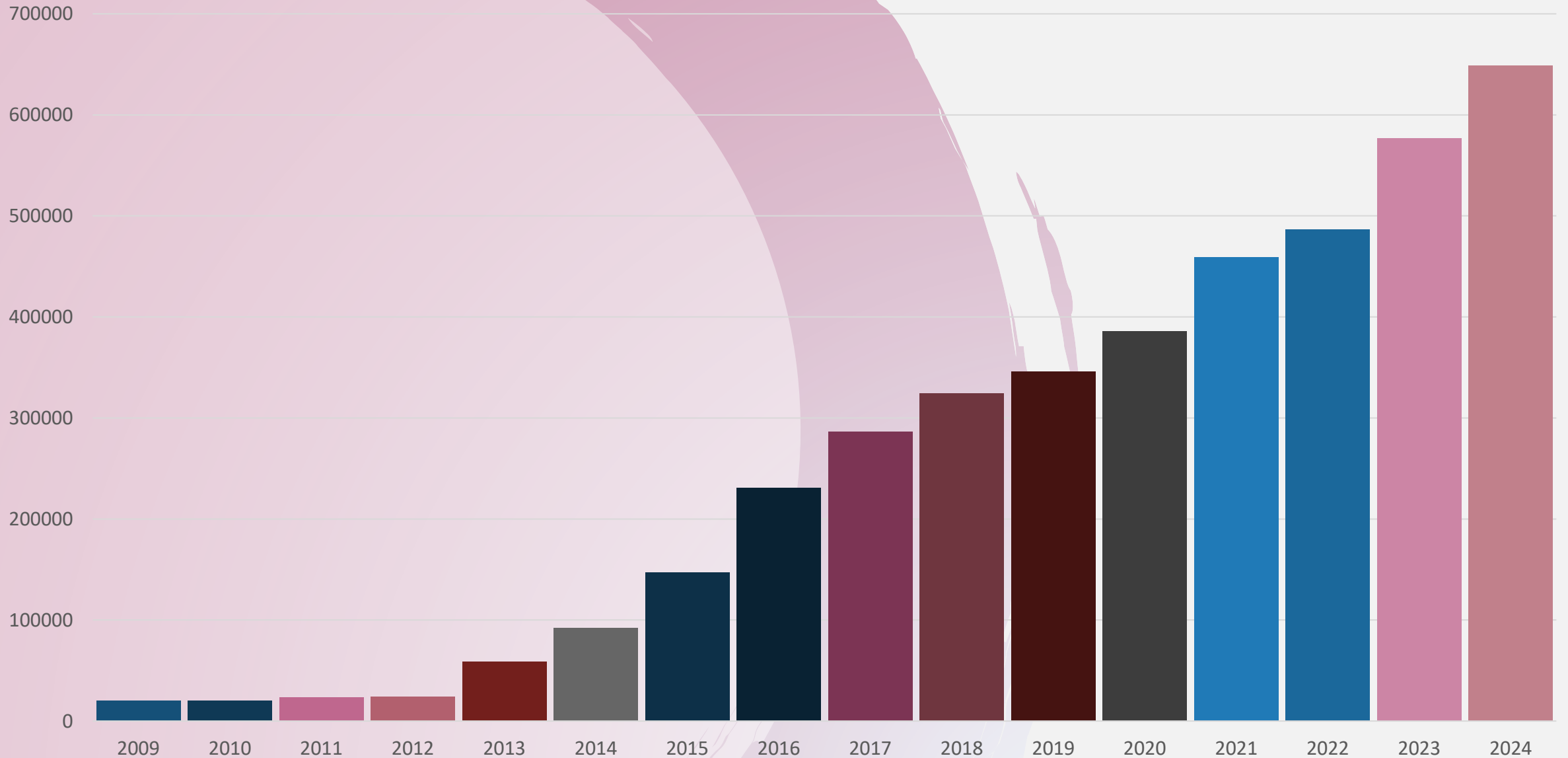


OPD



Total OPD: 272759

# Beneficiaries



Note: These beneficiaries include dialyses & OPD patients, Water Consumers of filtration plants, Zakat Receivers, Ration & Qurbani meat receivers.



# OUR ACHIEVEMENTS



## BEST NGO AWARD

FROM GOVERNMENT OF PUNJAB



## LIFE TIME ACHIEVEMENT AWARD

FROM GOVERNMENT OF UNITED KINGDOM





**FIXATION OF 50 WATER FILTRATION PLANTS**



**MORE THAN 300 MILLION RUPEES SPENT ON  
WELFARE OF THE SOCIETY**



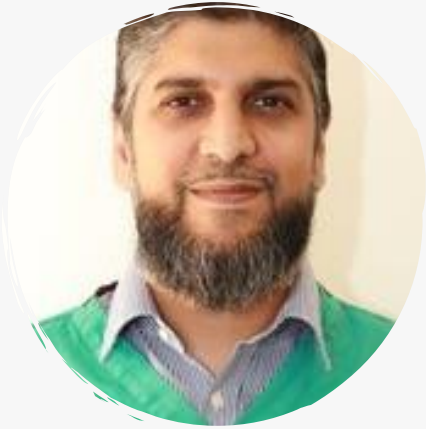
**MORE THAN 43000 KIDNEY DIALYSES HAVE  
BEEN DONE**



**THE ONLY FREE BREAST CANCER  
DIAGNOSIS PROJECT IN PAKISTAN**



# SENIOR MANAGEMENT



**DR. AHSAN KARIM MIRZA**

CHAIRMAN

Dr. Ahsan Mirza is son of the founder and has worked hand in hand with the founder of Rehmat Welfare Foundation since the first day of its establishment. He has always helped the cause with his generous donations. His generous donations are the back bone of all of our charity projects.



**TARIQ MEHMOOD MUGHAL**

PRESIDENT

Mr. Tariq Mehmood Mughal is the president of Rehmat Welfare Foundation Jhelum. He is one of the most generous donors of the foundation. He has been the part of the foundation from very first day.



**IJAZ AHMED**

CEO

Mr. Ijaz Ahmed is Well-experienced and loyal administrator. The foundation has progressed by leaps and bounds due to his planning, decisions and administration. He has burnt the candle at both ends for the growth of the foundation.



# GOVERNING BODY



**TARIQ  
MEHMOOD  
MUGHAL**

PRESIDENT



**TAUQIR ASLAM**

GENERAL SECRETARY



**MEHFOOZ  
AHMED**

INFORMATION  
SECRETARY



**DR. ZAFAR  
MEHMOOD**

EXECUTIVE MEMBER



**MALIK  
MUHAMMAD  
IQBAL**

SENIOR VICE PRESIDENT



**SHAHID AZIZ  
MAJEEDI**

JOINT SECRETARY



**NAVEED AHMED**

EXECUTIVE MEMBER



**AZIZ-UR-REHMAN**

EXECUTIVE MEMBER



**QAMAR  
ZAMAN  
CHAUDHARY**

VICE PRESIDENT



**AWAIS  
KHALID**

FINANCE SECRETARY



**DR.  
MUHAMMAD  
FAZAL**

EXECUTIVE MEMBER

☎ +92-544-649950  
✉ rehmatfoundation@live.com  
🌐 www.rehmatmedicalaid.com

Thank  
you